

# Arlington Anglers

## *Ensure Fishing for The Future*



**Bob Diebold**  
**Arlington Anglers Fishing Club**

As the weather warms, virtually every lake, river, pond, and creek is coming to life once more. New green weed beds are replacing the brown dead ones. Schools of minnows turn the water black as they swim by. Frogs are jumping into the water as you walk on the shore. Insects are landing on the water. Bass and panfish can be seen in the shallows building their spawning nests. The conditions are perfect and the fish are ready to cooperate, but what can we do to make sure that fishing will continue to flourish?

**Practice Selective Harvest:** With all of the information, equipment, and technology available to every fisherman, it makes it possible to catch many fish (and many large fish) on any body of water. Fisheries Studies have shown that heavy fishing pressure and harvest can make a very significant impact on the fish population. Make a plan for when, where, and what to keep for dinner. Larger fish are typically the best reproducers. If we want healthy fish populations with diverse size structure for the next decades, selective harvest is best, especially in the spawning periods.

**Use Good Catch and Release Techniques:** Again Fisheries Studies have conclusively shown that a good Catch and Release can allow a fish to be caught multiple times. This only works if the fish survives using these tips: Use an adequate landing net and have needle-nose pliers or other hook removing devices on hand. Keep the fish in the water as much as possible. Wet your hands before touching a fish. Support bigger fish with your hand under its belly both in the boat and as you release. Follow Fishing Regulations: Read and be familiar with the Fishing Reg-

ulations for your state (minimum size, max quantities, and dates). Some lakes/river have specific regulations different than the standard regs. The rules are made to sustain the populations but don't feel that you need to take home the max. Take what you need for dinner.

**Take Someone Fishing:** Fishing is a great outdoor activity that connects humans to each other and to nature. Through fishing we learn about our role in the environment and the need for a clean water habitat. It also gives us a chance to bring home an occasional meal that completes the circle of experience that few others can. Introduce someone new to fishing this year and teach them the ways to keep fishing flourishing in the years to come.



Outdoor enthusiast and radio host, Chauncey Niziol explains what's on the "minds" of all fish. Chauncey also shared some of the best fishing opportunities in the Chicago area at the Anglers May Meeting. PHOTO BY: ARLINGTON ANGLERS

Dates to remember:

**July 19 – Meeting**  
Speaker Tom Wendell on How to Mount Your Catch

**July 24 – Outing**  
Lake Geneva

**August 3 – Event**  
Special Needs Children Fishing Derby in Vernon Hills, Bear Lake

**August 6- Outing**  
Pistakee Lake, Chain O' Lakes

**August 11-14 - Outing**  
Green Bay WI Walleyes

**August 16 – Club Picnic**  
Harper College Reservoir

**Sept 4 – Outing**  
Braidwood Lake

**Sept 16-18 – Outing**  
Lake Shabbona

**Sept 20 – Meeting**  
Rod Building Seminar

Come to one of our meetings to find out more about our club, activities and outings.

Meetings are held on the third Tuesday of every month from 7:00 to 9:00 PM.

We meet at Cabela's which is located at 5225 Prairie Stone Pkwy, Hoffman Estates, IL just off I-90 at Illinois Rt 59.

Door prizes, speaker, raffles, fishing reports: Give it a try!

For further information call our President Tom Curtin at 847-639-7858 or visit our website at <http://arlingtonanglers.com>

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Guide and educator, John "Rocky" Mannerino [rockysan-glingpursuits.com](http://rockysan-glingpursuits.com) shares his walleye techniques used on Heidecke and the Mississippi River at the June Arlington Anglers Meeting.



Ed Covers, holds one of many chunky white bass caught on the Wolf River during the first week of May. He used a Wolf River Rig and a Pit Bull Minnow.



Ashley Smith holds her 31" Lake Erie walleye that came on a trolled Bandit crankbait. Uncle Frank and Uncle Jim offered assistance, but she did not need any!



It was supposed to be a Lake Erie walleye for Arlington Angler, Jim Martinez, but instead it sounded like a huge sheepshead that went: "BAAAAAAAH"!



Chris Popp, holds this huge early April Lake Trout caught out of Waukegan aboard Jeff Ayeski's boat, Catch-Em-Plenty.

**ALL PHOTO BY: ARLINGTON ANGLERS**